



Convincing dialog increases professional opportunities

Königsteiner Dialog-Training® Seminar level 1

In the Königsteiner Dialog-Training® you will learn how you can further develop your personal dialog style.

Thirty effective dialog exercises build on each other creating the prerequisites for an authentic dialog style.

The concept of „learning through experience“ and the intensive exchange of participation increases communicative skills in a very motivating and sustainable way.

Through the strategy of small steps the individual seminar goals will be achieved without stress and excessive demands.

The skills developed in the seminar can be used immediately.

Stage 1 is the first part of a five-stage seminar concept. Also on its own, seminar level 1 develops a powerful toolbox for an increase in communication skills.

Training goals:

- You will learn how to conduct dialog constructively, appreciatively, and safely.
- You train and strengthen the dynamics of your expressive power.
- You learn to be aware, conscious, and present.
- You activate and increase social-emotional skills to ensure your personal well-being in front of a group.
- You discover how to become self-motivated.
- You will receive specific information about your effect and impact on others.
- You get detailed feedback for a realistic and constructive self-image.
- You learn how to appear energetic and self-confident.



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